

Hot Tub-Friendly Scents & Salts for Every Mood

Transform your hot tub experience into a luxurious escape with our carefully curated guide to hot tub-safe scents and salts. Whether you want to relax, set the mood, or celebrate the season, these recommendations will help you create the perfect soak every time.

Stress Relief

Scents & Salts:

- ❑ **Lavender:** A classic for calming anxiety and promoting relaxation. Add a lavender-infused Epsom salt for an added detox effect.
- ❑ **Chamomile:** Gentle and soothing, perfect for unwinding after a hectic day.
- ❑ **Eucalyptus:** Ideal for clearing the mind and revitalizing the senses, especially when you're feeling overwhelmed.

Recommended Pairing: Combine lavender and eucalyptus salts for a spa-like retreat.

Romantic Evenings

Scents & Salts:

- ❑ **Rose:** Add a touch of romance with a subtle rose aroma that's not overpowering.
- ❑ **Ylang Ylang:** Known for its sensual and uplifting properties.
- ❑ **Vanilla:** Warm and inviting, perfect for creating a cozy and intimate atmosphere.

Recommended Pairing: Use rose petals (real or bath-safe) alongside vanilla-infused salts for a romantic soak.

Seasonal Bliss

Scents & Salts:

- ❑ **Fall:** Embrace the season with pumpkin spice or cinnamon scents to complement crisp evenings.
- ❑ **Winter:** Peppermint or pine for a fresh, invigorating winter vibe.
- ❑ **Spring:** Jasmine or honeysuckle for a floral touch that celebrates renewal.
- ❑ **Summer:** Coconut or citrus for a tropical and energizing boost.

Recommended Pairing: Switch scents with the seasons to match your mood and the atmosphere.

Energizing Soaks

Scents & Salts:

- ❑ **Citrus Blends:** Lemon, orange, or grapefruit to rejuvenate your senses.
- ❑ **Peppermint:** Sharp and refreshing, great for waking up your mind and body.
- ❑ **Ginger:** Warm and spicy, perfect for invigorating circulation.

Recommended Pairing: Combine citrus with a splash of ginger for a zesty pick-me-up.

Relaxation for Better Sleep

Scents & Salts:

- ❑ **Sandalwood:** Earthy and grounding, excellent for winding down before bed.
- ❑ **Jasmine:** A natural mood enhancer that also promotes restful sleep.
- ❑ **Clary Sage:** Known to relax the mind and ease tension.

Recommended Pairing: Mix sandalwood and clary sage for a grounding and tranquil soak.

Safety Tips

- ❑ Always use **hot tub-safe** products to avoid damaging your spa or harming your skin.
- ❑ Avoid oils or salts that leave residues, as they can clog your filters.
- ❑ Look for products labeled "spa-safe" or check with your hot tub manufacturer for compatibility.



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